

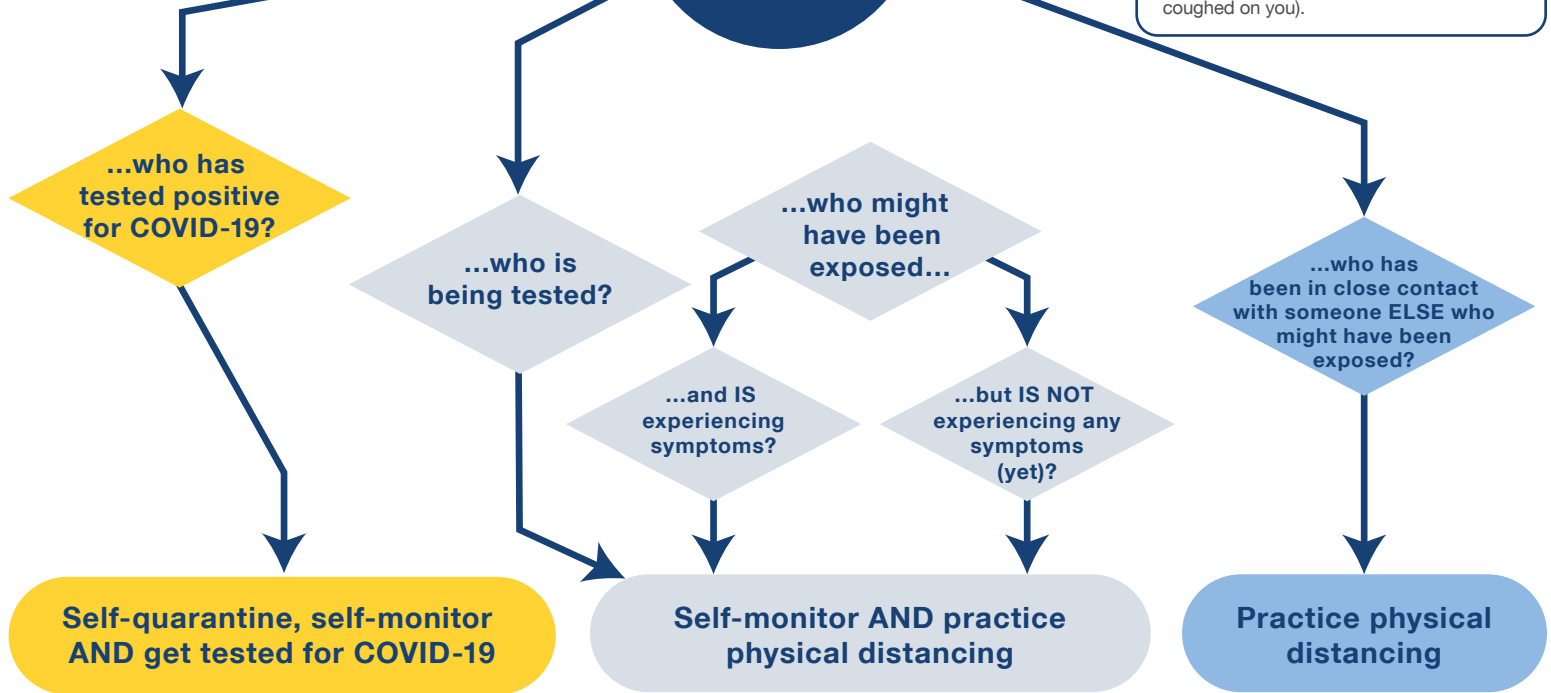
W Students

What should I do if...

I've been in close contact with someone...

What counts as "close contact?"

- You spent a **PROLONGED** period of time in the same room (e.g., for 15+ minutes while less than 6ft apart).
- You had **DIRECT PHYSICAL CONTACT** with the person (e.g., kissing, hugging).
- You **SHARED** eating or drinking utensils with them.
- You came into contact with their **RESPIRATORY SECRETIONS** (e.g., they coughed on you).



How do I...

...self-quarantine?

STAY HOME or contact Housing and Residence Life to initiate self-care plan.

CONTACT Campus Health Center
662.329.7289

AVOID CONTACT with other people.

DON'T SHARE household items.

NOTIFY faculty of any expected absences.

WAIT until you are cleared by Campus Health Center.

...self-monitor?

BE ALERT for symptoms of COVID-19, especially a dry cough or shortness of breath.

TAKE YOUR TEMPERATURE every morning and night, and write it down.

CALL your doctor if you have trouble breathing or a fever (temperature of 100.4°F or 38°C).

DON'T seek medical treatment without calling first!

CONTACT Campus Health Center for questions 662.329.7289

...practice physical distancing?

STAY HOME as much as possible.

DON'T physically get close to people; try to stay at least 6 feet away.

DON'T hug or shake hands.

AVOID groups of people and frequently touched surfaces.

CONTACT Campus Health Center for questions 662.329.7289

And practice great hygiene!

WASH your hands frequently • **AVOID TOUCHING** your face • **DISINFECT** frequently touched surfaces regularly

Learn more at www.muw.edu/disease



What if I have symptoms, awaiting test results or tested positive for COVID-19?

- 1.) **Stay home** and do not come to campus or contact Housing and Residence Life if living on campus.
- 2.) **Notify** faculty of any expected absences.
- 3.) **Contact** Campus Health Center.