**W Students**

**What should I do if…**

I’ve been in close contact with someone…

- ...who has tested positive for COVID-19?
  - Self-quarantine, self-monitor AND get tested for COVID-19

- ...who is being tested?
  - Self-monitor AND practice physical distancing

- ...who might have been exposed…
  - Practice physical distancing

  - ...and IS experiencing symptoms?
    - Self-monitor AND practice physical distancing

  - ...but IS NOT experiencing any symptoms (yet)?
    - Practice physical distancing

- ...who has been in close contact with someone ELSE who might have been exposed?
  - Practice physical distancing

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**How do I…**

**...self-quarantine?**

**STAY HOME** or contact Housing and Residence Life to initiate self-care plan.

**CONTACT** Campus Health Center 662.329.7289

**AVOID CONTACT** with other people.

**DON’T SHARE** household items.

**NOTIFY** faculty of any expected absences.

**WAIT** until you are cleared by Campus Health Center.

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**...self-monitor?**

**BE ALERT** for symptoms of COVID-19, especially a dry cough or shortness of breath.

**TAKE YOUR TEMPERATURE** every morning and night, and write it down.

**CALL** your doctor if you have trouble breathing or a fever (temperature of 100.4°F or 38°C).

**DON’T** seek medical treatment without calling first!

**CONTACT** Campus Health Center for questions 662.329.7289

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**...practice physical distancing?**

**STAY HOME** as much as possible.

**DON’T** physically get close to people; try to stay at least 6 feet away.

**DON’T** hug or shake hands.

**AVOID** groups of people and frequently touched surfaces.

**CONTACT** Campus Health Center for questions 662.329.7289

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**And practice great hygiene!**

**WASH** your hands frequently • **AVOID TOUCHING** your face • **DISINFECT** frequently touched surfaces regularly

Learn more at [www.muw.edu/disease](http://www.muw.edu/disease)

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**What counts as “close contact?”**

- You spent a PROLONGED period of time in the same room (e.g., for 15+ minutes while less than 6ft apart).
- You had DIRECT PHYSICAL CONTACT with the person (e.g., kissing, hugging).
- You SHARED eating or drinking utensils with them.
- You came into contact with their RESPIRATORY SECRETIONS (e.g., they coughed on you).

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1.) **Stay home** and do not come to campus or contact Housing and Residence Life if living on campus.

2.) **Notify** faculty of any expected absences.

3.) **Contact** Campus Health Center.