What should I do if...

...who has tested positive for COVID-19?
Self-quarantine, self-monitor AND get tested for COVID-19

...who is being tested?
Self-monitor AND practice physical distancing

...who might have been exposed...

...and IS experiencing symptoms?
Practice physical distancing

...but IS NOT experiencing any symptoms (yet)?
Self-monitor AND practice physical distancing

...who has been in close contact with someone ELSE who might have been exposed?

How do I...

...self-quarantine?
STAY HOME for 14 days. You must stay home for 14 days with or without a positive test.
AVOID CONTACT with other people.
DON’T SHARE household items.
CONTACT Campus Health Center 662.329.7289
NOTIFY your supervisor.
CALL Human Resources 662.329.7222

...self-monitor?
BE ALERT for symptoms of COVID-19, especially a dry cough or shortness of breath.
TAKE YOUR TEMPERATURE every morning and night, and write it down.
CALL your doctor if you have trouble breathing or a fever (temperature of 100.4°F or 38°C).
DON’T seek medical treatment without calling first!
CONTACT Campus Health Center for questions 662.329.7289

...practice physical distancing?
STAY HOME as much as possible.
DON’T physically get close to people; try to stay at least 6 feet away.
DON’T hug or shake hands.
AVOID groups of people and frequently touched surfaces.
CONTACT Campus Health Center for questions 662.329.7289

And practice great hygiene!
WASH your hands frequently • AVOID TOUCHING your face • DISINFECT frequently touched surfaces regularly
Learn more at www.muw.edu/disease

What if I have symptoms, awaiting test results or tested positive for COVID-19?

1.) Stay home and do not come to campus.
2.) Contact Campus Health Center.
3.) Notify your supervisor and call HR.

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