

Name _____

ID# _____

EXERCISE SCIENCE – B.S. DEGREE

GENERAL MAJOR REQUIREMENTS:

HK EXERCISE SCIENCE REQUIREMENTS (minimum grade of “C” required):

KIN Activity Course (1 hour)		KIN 147 Weight Training (1 hour)	
KIN 210 Foundations of Kinesiology		KIN 285 Technology in Exercise and Sport Sciences OR MIS 157 Information Systems Using Microcomputers	
KIN 308 Prevention & Care of Athletic Injuries		KIN 316 Practicum in Health & Kinesiology	
KIN 361 Physiology of Exercise w/lab		KIN 390 Anatomical Kinesiology	
KIN 403 Graded Exercise Testing		KIN 406 Research Methods in the Health Sciences	
KIN 408 Biomechanics		KIN 460 Exercise Programming Special Populations	

HK ELECTIVES (9) Select from any HK/KIN or HK/HED three credit hour course:

INTERNSHIP/RESEARCH ELECTIVE (6 hours) Select from: **(minimum grade of “C” required):**

KIN 416 Internship		KIN 490 Research in Exercise Science	
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ADDITIONAL REQUIREMENTS:

BSB 101 General Biology w/lab		BSB 102 General Biology II w/lab	
BSB 141 Human Anatomy & Physiology I		BSB 142 Human Anatomy & Physiology II	
MA 113 College Algebra or Higher		KIN 285 Technology in Exercise and Sport Sciences OR MIS 157 Information Systems Using Microcomputers (Also counted in major requirement)	
FN 225 Nutrition			

SELECT 2 COURSES FROM THE FOLLOWING:

PSC 111 General Chemistry w/lab		PSC 211 General Physics I w/lab	
BSM 131 General Microbiology w/lab			

GENERAL ELECTIVES (18 Hours):

Total degree hours required = 124 semester hours

Audited:
