

Name _____

ID# _____

EXERCISE SCIENCE – B.S. DEGREE

GENERAL MAJOR REQUIREMENTS:

HK EXERCISE SCIENCE REQUIREMENTS (minimum grade of “C” required):

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| KIN Activity Course (1 hour) | | KIN 147 Weight Training (1 hour) | |
| KIN 210 Foundations of Kinesiology | | KIN 285 Technology in Exercise and Sport Sciences | |
| KIN 308 Prevention & Care of Athletic Injuries | | KIN 316 Practicum in Health & Kinesiology | |
| KIN 361 Physiology of Exercise w/lab | | KIN 390 Anatomical Kinesiology | |
| KIN 403 Graded Exercise Testing | | KIN 406 Research Methods in the Health Sciences OR MA 123 Statistics | |
| KIN 408 Biomechanics | | KIN 460 Exercise Programming Special Populations | |

HK ELECTIVES (9) Select from any HK/KIN or HK/HED three credit hour course:

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INTERNSHIP/RESEARCH ELECTIVE (6 hours) Select from: **(minimum grade of “C” required):**

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| KIN 416 Internship | | KIN 490 Research in Exercise Science | |
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B.S. DEGREE REQUIREMENTS:

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| BSB 101 General Biology w/lab | | BSB 102 General Biology II w/lab | |
| PSC 111 General Chemistry w/lab | | PSP 211 General Physics w/lab | |
| MA 113 College Algebra or Higher | | KIN 285 Technology in Exercise and Sport Sciences (Also counted in major requirement) | |

ADDITIONAL REQUIRED COURSES:

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| BSB 141 Human Anatomy & Physiology I | | BSB 142 Human Anatomy & Physiology II | |
| FN 225 (325) Nutrition | | | |

GENERAL ELECTIVES (18 Hours):

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Total degree hours required = 124 semester hours

Audited:

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