

Name _____

ID# _____

EXERCISE SCIENCE – B.S. DEGREE

GENERAL MAJOR REQUIREMENTS:

HK EXERCISE SCIENCE REQUIREMENTS (minimum grade of “C” required):

KIN Activity Course (1 hour)		KIN 147 Weight Training (1 hour)	
KIN 210 Foundations of Kinesiology		KIN 285 Technology in Exercise and Sport Sciences	
KIN 316 Practicum in Health & Kinesiology		KIN 308 Prevention & Care of Athletic Injuries	
KIN 390 Anatomical Kinesiology		KIN 361 Physiology of Exercise w/lab	
KIN 406 Research Methods in the Health Sciences or MA 123 Statistics		KIN 403 Graded Exercise Testing	
KIN 460 Exercise Programming Special Populations		KIN 408 Biomechanics	

HK ELECTIVES (9) Select from any HK/KIN or HK/HED three credit hour course:

INTERNSHIP/RESEARCH ELECTIVE (6 hours) Select from: **(minimum grade of “C” required):**

KIN 416 Internship		KIN 490 Research in Exercise Science	
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B.S. DEGREE REQUIREMENTS:

BSB 101 General Biology w/lab		BSB 102 General Biology II w/lab	
PSC 111 General Chemistry w/lab		PSC 112 General Chemistry II w/lab	
MA 113 College Algebra or Higher		KIN 285 Technology in Exercise and Sport Sciences (Also counted in major requirement)	

ADDITIONAL REQUIRED COURSES:

BSB 141 Human Anatomy & Physiology I		BSB 142 Human Anatomy & Physiology II	
FN 225 (325) Nutrition			

GENERAL ELECTIVES (18 Hours):

Total degree hours required = 124 semester hours

Audited:
