

Name \_\_\_\_\_

ID# \_\_\_\_\_

**EXERCISE SCIENCE – B.S. DEGREE**

**GENERAL MAJOR REQUIREMENTS:**

**HK EXERCISE SCIENCE REQUIREMENTS (minimum grade of “C” required):**

KIN Activity Course (1 hour)		KIN 147 Weight Training (1 hour)	
KIN 210 Foundations of Kinesiology		KIN 285 Technology in Exercise and Sport Sciences	
KIN 316 Practicum in Health & Kinesiology		HED 207 Emergency Health Care or KIN 308 Prevention & Care of Athletic Injuries	
KIN 390 Anatomical Kinesiology		KIN 361 Physiology of Exercise w/lab	
KIN 405 Measurement and Evaluation in Health and Kinesiology or MA 123 Statistics		KIN 403 Graded Exercise Testing	
KIN 460 Exercise Programming Special Populations		KIN 408 Biomechanics	

**HK ELECTIVES (9)** Select from any HK/KIN or HK/HED three credit hour course:


**INTERNSHIP/RESEARCH ELECTIVE (6 hours)** Select from: **(minimum grade of “C” required):**

KIN 416 Internship		KIN 490 Research in Exercise Science	
--------------------	--	--------------------------------------	--

**B.S. DEGREE REQUIREMENTS:**

BSB 101 General Biology w/lab		BSB 102 General Biology II w/lab	
PSC 111 General Chemistry w/lab		PSC 112 General Chemistry II w/lab	
MA 113 College Algebra or Higher		KIN 285 Technology in Exercise and Sport Sciences (Also counted in major requirement)	

**ADDITIONAL REQUIRED COURSES:**

BSB 141 Human Anatomy & Physiology I		BSB 142 Human Anatomy & Physiology II	
FN 225 (325) Nutrition			

**GENERAL ELECTIVES (18 Hours):**


**Total degree hours required = 124 semester hours**

Audited:
