

Name _____

ID# _____

HEALTH AND KINESIOLOGY TEACHING OPTION –B.S. DEGREE

SPECIALITY AREA REQUIREMENTS: Skill Sequence (6 hours) (Minimum grade of “C” required)

Individual Sport: KIN 101/123/127/129/131/ 142/145/231		KIN 115 Dance Survey	
KIN 133/134 Team Sport		KIN 149 Recreational Sports	

PROFESSIONAL COURSES: (41-42 hours) (Minimum grade of “C” required)

HED 101 Personal and Community Health		KIN 147 Weight Training	
KIN 210 Foundations of Kinesiology		KIN 254 Survey of Officiating	
KIN 285 Technology in Exercise & Sport Science		HED 307 Emergency Health Care OR KIN 308 Prev/Care of Athletic Injuries w/lab	
KIN 351 Met of Teaching PE in the Elem School		KIN 361 Physiology of Exercise and Lab	
KIN 370 Adapted Physical Education		KIN 371 Motor Development	
KIN 390 Anatomical Kinesiology		KIN 405 Measurement and Evaluation in Health and Kinesiology	
KIN 408 Biomechanics		KIN 451 Instructional Methods in Physical Education	

OTHER REQUIRED COURSES: (Minimum grade of “C” required)

COM 101 Oral Communication (Core)		PSY 206 Human Growth and Development	
PSY 360 Educational Psychology			

B.S. DEGREE REQUIREMENTS:

BSB 141 Human Anatomy & Physiology I		BSB 142 Human Anatomy & Physiology II	
MA 113 College Algebra		KIN 285 Technology in Exercise & Sport Science (Also Counted in Professional Courses)	
Science or Math (3 hours)		Science or Math (3 hours)	

PROFESSIONAL EDUCATION BLOCK: (Minimum grade of “C” required)

ED 300 Education as a Profession		ED 302 Art and Science of Teaching	
ED 365 Content Area Reading		ED 401 Student Teaching Sem: Classroom Mgmt	
ED 407 Observation & Dir Teaching - K-12			

GENERAL ELECTIVE HOURS: (as needed to satisfy program requirements)

Total degree hours required = 124 semester hours

Audited:
