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# **EXERCISE SCIENCE – B.S. DEGREE**

### **GENERAL MAJOR REQUIREMENTS:**

### HK EXERCISE SCIENCE REQUIREMENTS (minimum grade of "C" required):

KIN Activity Course (1 hour)	KIN 147 Weight Training (1 hour)	
KIN 210 Foundations of Kinesiology	KIN 285 Technology in Exercise and Sport Sciences	
KIN 316 Practicum in Health & Kinesiology	HED 307 Emergency Health Care or KIN 308 Prevention & Care of Athletic Injuries	
KIN 390 Anatomical Kinesiology	KIN 361 Physiology of Exercise w/lab	
KIN 405 Measurement and Evaluation in Health and Kinesiology or MA 123 Statistics	KIN 403 Graded Exercise Testing	
KIN 460 Exercise Programming Special Populations	KIN 408 Biomechanics	

# HK ELECTIVES (9) Select from any HK/KIN or HK/HED three credit hour course:

# **INTERNSHIP/RESEARCH ELECTIVE (6 hours)** Select from: (minimum grade of "C" required):

KIN 416 Internship	KIN 490 Research in Exercise Science					

## **B.S. DEGREE REQUIREMENTS:**

BSB 101 General Biology w/lab		BSB 102 General Biology II w/lab	
PSC 111 General Chemistry w/lab		PSC 112 General Chemistry II w/lab	
MA 113 College Algebra or Higher	•	KIN 285 Technology in Exercise and Sport Sciences (Also counted in major requirement)	

## ADDITIONAL REQUIRED COURSES:

BSB 141 Human Anatomy & Physiology I	BSB 142 Human Anatomy & Physiology II	
FN 225 (325) Nutrition		

# GENERAL ELECTIVES (18 Hours):

### **Total degree hours required = 124 semester hours**

Audited: