How is it spread?

- Through the air by coughing and sneezing
- Close personal contact, such as touching or shaking hands
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes

What are the symptoms?

- Fever
- Cough
- Shortness of Breath

Symptoms may show up 2-14 days after exposure

Self-monitor and practice social distancing

How is it prevented?

Similar to prevention of other respiratory illnesses, including the flu:

1. Wash hands often with soap and water for at least 20 seconds
2. Avoid touching eyes, nose, and mouth with unwashed hands
3. Clean surfaces and objects people frequently touch
4. Stay home when you are sick
5. Avoid crowded places and limit activities in public
6. Keep your physical distance from others (about 6 feet)
7. When in public, wear a cloth face covering that covers your mouth and nose

Learn more at: muw.edu/disease