



The *State and School Employees' Life and Health Insurance Plan Document (PD)* contains the benefits and eligibility guidelines of the State and School Employees' Health Insurance Plan (Plan). You can find an electronic version of the *PD* on our website, <http://knowyourbenefits.dfa.state.ms.us> under Publications. You can also find participating providers in your area, a list of covered wellness/preventive services, premiums rates, and much more on this site. If you do not have internet access, you may request a paper copy of the *PD* by calling the Office of Insurance at 601-359-3411 or toll free (866) 586-2781.

WebMD® is the wellness and health promotion services vendor for the Plan. Participants age 18 or older must complete a HealthQuotient™ (HQ) health risk assessment each year prior to a wellness/preventive visit in order to be eligible for up to \$1,000 in wellness/preventive benefits. Log on to [www.webmdhealth.com/mississippi](http://www.webmdhealth.com/mississippi) to complete your HQ. If you do not have internet access, you can call WebMD at (866) 789-4594 to request a paper copy of the HQ. Participants residing inside the State of Mississippi must use an AHS State Network provider in order to receive wellness/preventive benefits.

For questions about medical claims call	To certify a hospital admission or other service call	For questions about prescription drug claims call	To find a participating provider call.....	For general questions about the Plan call
Blue Cross & Blue Shield of Mississippi	CareAllies	Catalyst Rx	AHS State Network	Office of Insurance
(800) 709-7881	(800) 523-8739	(866) 757-7839	(800) 294-6307	(866) 586-2781

