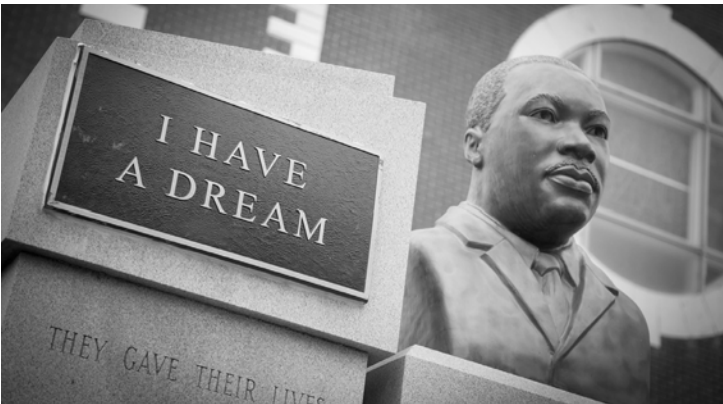


SPRING2018

TERM 1: JAN 22 - MARCH 2
TERM 2: MARCH 19 - APRIL 27



LIFE ENRICHMENT PROGRAM

WWW.MUW.EDU/LEP

LIFE ENRICHMENT PROGRAM CLASSES

The Life Enrichment Program offers intellectually stimulating non-credit courses for adults (age 18 and over) who share a love of learning and/or teaching. A variety of LEP classes are offered during the Spring Terms. To ensure your place in a class, register early.

TERM 1: JANUARY 22 - MARCH 2

TERM 2: MARCH 19 - APRIL 27

LIFE ENRICHMENT PROGRAM DESCRIPTION

- Non-credit courses for adults in the greater Columbus area
- Once-a-week sessions for 1 – 1 1/2 hours or at instructor's discretion, for six-weeks in the fall and spring and 4 weeks in the summer
- Wide range of topics
- Community volunteer instructors who are experts in their fields
- \$35.00 registration fee allows enrollment in up to 3 courses
- On-campus and off-campus locations

COURSE LOCATIONS

The W Campus:

Education and Human Sciences Building

Painter Hall

Pohl Education Building

Stark Recreation Center, Pool and Aerobic Studio

Columbus Locations:

Books & Boards, 422 Main St, Columbus, MS

Lowndes County Extension Office 485 Tom Rose Rd. Columbus, MS

For more information, contact Janie Shields at
lifeenrichment@muw.edu (662) 329-7150 or
the Office of Outreach & Innovation (662) 241-6101 www.muw.edu/lep.

SPRING TERM 1 | JANUARY 22 - MARCH 2

MONDAYS

Lunch Bunch Mondays (11 a.m.)

Do you enjoy eating, networking, and did we mention eating? Hear's your chance to explore restaurants around the Golden Triangle with your old or new friends. Please register to confirm your seat. Don't forget to invite someone.

Class Meets: Jan. 22, 29 & Feb. 5, 12, 19 & 26

Location: A schedule of restaurants will be sent to registered participants.



Beowulf and the Anglo-Saxons (3 p.m.)

Instructor: Leslie Stratyner, Professor of English, The W

At the dawn of the English language we find Beowulf, the first and greatest epic poem in English. What does this poem tell us about the Anglo-Saxons who created it? How can we see ourselves in this more than one thousand year old poem? These are the issues this course will address.

Class Meets: Jan. 22, 29 & Feb. 5, 12, 19 & 26

Location: Painter Hall, Room 208

Healthy & Happy Feet (6 p.m.)

Instructor: Dr. Vern Christensen, President, Mississippi Podiatric Medical Association

This course will offer a basic overview of good foot health covering sports, diabetes, surgery, shoe wear, and exercise. Healthy, happy feet lead to a healthy, happy life. Dr. Christensen is a physician/surgeon in private practice with offices in Amory and Starkville. He is dual board certified in podiatric surgery and wound care and is CEO and medical director at Foot Specialists of Mississippi.

Class Meets: January 22 only

Location: Education & Human Sciences, Rm 120

This is a free bonus class (will not count towards your 3 course limit).

TUESDAYS

Cardio Mix (9:30 a.m.)

Instructor: Marion McEwen, Wellness Coordinator, The W Campus Recreation Center

Participants can expect cardio routines based on Dance Aerobics, Latin fitness and Step Aerobics; this class will get you started on the road to a healthy lifestyle. **Bring your sneakers, your energy and your smile for a 30 minute cardio class.**

Class Meets: Jan. 23, 30 & Feb. 6, 13, 20 & 27

Location: MUW Stark Rec Center, Aerobic Studio



Smartphone Basics: Android (11 a.m.)

Instructors: Kelvin Young and Darick Jones,
C Spire Columbus

Get the most out of your smart device with in-depth instruction on key aspects of Android devices from the experts. Learn how to install any one of the thousands of apps from the Google Play Store and extend the functionality of your device. **Please bring your Android device to class.**

Class Meets: Jan. 23, 30 & Feb. 6, 13, 20 & 27
Location: Education & Human Sciences, Rm 121

Stretch, Breathe, and Relax (11 a.m.)

Instructor: Patty Keffer, Senior Water Aerobics and Silver Sneakers Instructor, YMCA

Muscles tight and hurt all of the time? Come join us for an hour of gentle stretching and relaxing and see if you don't feel better. Participants will stand, sit, and lie on the floor to stretch, but are welcome to remain in the chair if preferred.

Class Meets: Jan. 23, 30 & Feb. 6, 13, 20 & 27
Location: MUW Stark Rec Center, Aerobic Studio

Splash Time! (1 p.m.)

Instructor: Patty Keffer, Senior Water Aerobics and Silver Sneakers Instructor, YMCA

Come exercise and play like a child again while your body is being supported by the water which reduces the stress on joints. The pool water can be cool; please contact your doctor if you have issues of joint pain or discomfort and are not sure if this would be suitable for you. Swimming ability is not needed as we work in the shallow water.

Class Meets: Jan. 23, 30 & Feb. 6, 13, 20 & 27
Location: MUW Stark Rec Center, Pool

Tabletop Gaming for Beginners (3 p.m.)

Instructor: Ashley Gressett, Owner of Books & Boards

Have you ever wanted to play tabletop (board, dice, card, role-playing) games, but you weren't sure where to begin? Now is your chance to learn! Participants will learn a new type of game each week, including 2-player, cooperative, party, and filler games.

Class Meets: Jan. 23, 30 & Feb. 6, 13, 20 & 27
Location: Books & Boards, 422 Main St, Columbus, MS

Stories and History Along the Tombigbee (6 p.m.)

Instructor: Rufus Ward, Historical Research Consultant, Author, Newspaper Columnist and Recovering Attorney

Participants will hear stories of the people and events that shaped the history of Columbus and the Tombigbee River Valley. This area is alive with almost 500 years of recorded history enabling participants to look at the past through the eyes of the people who lived it.

Class Meets: Jan. 23, 30 & Feb. 6, 13, 20 & 27
Location: Education & Human Sciences, Rm 121

WEDNESDAY

Family Life Skills (9 a.m.)

Instructors: Diane Sherrod and Iris Sharp, Educators and Trainers, Families First, Family Resource Center

The Family Life Skills classes are designed to help families enhance their day to day lives. The classes gives the student user friendly, tips and techniques on budgeting; money management; credit repair; couponing; job readiness skills; and much more.

Class Meets: Jan. 24, 31, Feb. 7, 14, 21 & 28
Location: Education & Human Sciences, Rm 121



The Weather Forecast (11 a.m.)

Instructors: WCBI Staff Meteorologists

Week 1: Day in the life of a weather forecaster (Keith)

Week 2: Weather maps and meteorology symbols (Amanda)

Week 3: Severe weather products shown WCBI (Alex)

Week 4: Weather history: important days in history due to weather & some weather related sports history too (Amanda)

Week 5: Storm chasing adventures (Jacob)

Week 6: Station tour, weather center tour, watching mid day live (Alex)

Class Meets: Jan. 24, 31, Feb. 7, 14, 21 & 28

Location: Education & Human Sciences, Rm 121

THURSDAY

Walk-A-Weigh (8:30 a.m.)

Instructor: Vivian Cade, MSU Extension Agent III

A combination of nutrition classroom program in physical activity on walking track in gym. The main purpose is to encourage adults to adopt a healthy lifestyle by modifying eating habits and increasing daily/weekly physical activity. **Please bring bottled water and wear comfortable clothing and walking shoes.**

Class Meets: Jan. 25, Feb. 1, 8, 18, 22 & March 1

Location: Pohl, Rm 206

Your Great Transformation (11 a.m.)

Instructor: Diane Malone, Certified Nutritionist

Are you ready for a change, but overwhelmed by the information on getting healthy? Come learn the Life Habits that this instructor has used to lose over 80 pounds and has helped others do the same! Not looking for weight loss, but want to build muscle or improve overall health? These habits can help with that too! This is a lifestyle change, not a quick fix diet! Participants will need a three-ring binder.

Class Meets: Jan. 25, Feb. 1, 8, 18, 22 & March 1

Location: Education & Human Sciences, Rm 121

Volunteer for What? (1 p.m.)

Coordinator: Renee Sanders, United Way of Lowndes County, Volunteer Director

Volunteers are the unsung heroes of most non-profit organization because they are passionate about what they do! This course will help you find your passion, find a cause, and find a non-profit where you can serve in your community.

Class Meets: Jan. 25, Feb. 1, 8, 18, 22 & March 1

Location: Education & Human Sciences, Rm 121

Aquatic Conditioning (2 p.m.)

Instructor: Mary Chism, Water Exercise Enthusiast

People with arthritis and other issues that affect their mobility can benefit from this class. The class will concentrate on very low impact exercises using water resistance dumbbells and various stretches to improve mobility, flexibility, endurance, and overall quality of life. Exercise done in water is a great choice for people with joint problems because the water supports your body while the water resistance provides a great workout.

Class Meets: Jan. 25, Feb. 1, 8, 18, 22 & March 1

Location: MUW Stark Rec Center, Pool

Pickleball 101 (3 p.m.)

Instructor: David and Yvonne Barron, USAPA Pickleball Ambassadors

Participants will learn how to play Pickleball, one of the fastest growing new sports in the U.S. Played on a court 1/3rd the size of a tennis court it combines elements of tennis, ping-pong and badminton. With a smaller court it is low impact and easier on the joints. Played at a slow leisurely pace or aggressively for a real work out it provides a great experience regardless of your athletic ability.

Class Meets: Jan 25, Feb 1, 8, 18, 22 & March 1
Location: MUW Stark Rec Center, Stark Gym

Creating Your Healthy Self (6 p.m.)

Instructor: Kristi Carrico, Certified Holistic Health Coach

In this course, participants will explore many levels of health, from eating healing foods, using the healthiest personal care and household cleaning products to be our best healthiest selves.

Class Meets: Jan 25, Feb 1, 8, 18, 22 & March 1
Location: Education & Human Sciences, Rm 121

SPRING TERM 1 SCHEDULE

	Monday	Tuesday	Wednesday	Thursday
8:30				Walk-A-Weigh
9:00			Family Life Skills	
9:30		Cardio Mix		
11:00	Lunch Bunch	Stretch, Breathe & Relax Smartphone Basics: Android	The Weather Forecast	Your Great Transformation
1:00		Splash Time		Volunteer for What?
2:00				Aquatic Conditioning
3:00	Beowulf	Tabletop Gaming		Pickleball 101
6:00	Health & Happy Feet (Jan. 22 only)	Stories and History Along the Tombigbee		Creating Your Health Self

LEP COURSE REGISTRATION

SPRING 2018 TERM 1

Participants Must Be Over 18 Years Old

NAME _____

ADDRESS _____

CITY, STATE, & ZIP CODE _____

TELEPHONE _____ ☐ E-MAIL _____

Optional Demographic Information:

GENDER _____ RACE/ETHNICITY _____ AGE RANGE 18-25 26-40 41-60 60+

Fees: The \$35 membership fee entitles a participant to take up to 3 courses per term. For every additional course there is a \$10 fee. I would like to enroll in the following courses:

January 22 - March 2

- | | |
|---|--|
| <input type="checkbox"/> Aquatic Conditioning | <input type="checkbox"/> Splash Time |
| <input type="checkbox"/> Beowulf | <input type="checkbox"/> Stories and History Along the Tombigbee |
| <input type="checkbox"/> Cardio Mix | <input type="checkbox"/> Stretch, Breathe & Relax |
| <input type="checkbox"/> Creating Your Healthy Self | <input type="checkbox"/> Tabletop Gaming |
| <input type="checkbox"/> Family Life Skills | <input type="checkbox"/> Volunteer for What? |
| <input type="checkbox"/> Healthy & Happy Feet | <input type="checkbox"/> Walk-A-Weigh |
| <input type="checkbox"/> Lunch Bunch | <input type="checkbox"/> The Weather Forecast |
| <input type="checkbox"/> Pickleball 101 | <input type="checkbox"/> Your Great Transformation |
| <input type="checkbox"/> Smartphone Basics: Android | |

REGISTER AND PAY ONLINE AT WWW.MUW.EDU/LEP

Make checks payable to MUW.
Mail to: Life Enrichment Program,
MS University for Women,
1100 College St., W-1638, Columbus, MS 39701.
All payment is nonrefundable.

Term Fee: \$35

Additional Course Fee _____ x \$10

Term Total: \$_____



MARCH 8

LIFE ENRICHMENT PROGRAM DAY TRIP

One Mississippi, many stories. Step into the Museum of Mississippi History and be transported back in time to experience the stories of Mississippians over thousands of years. Visitors will enjoy innovative exhibits, educational programs, and hundreds of artifacts.

The Mississippi Civil Rights Museum shares the stories of a Mississippi movement that changed the nation. The museum promotes a greater understanding of the Mississippi Civil Rights Movement and its impact by highlighting the strength and sacrifices of its peoples. Visitors will witness the freedom struggle in eight interactive galleries that show the systematic oppression of black Mississippians and their fight for equality that transformed the state and nation. Seven of the galleries encircle a central space called “This Little Light of Mine.” There, a dramatic sculpture glows brighter and the music of the Movement swells as visitors gather.

The Eudora Welty House and Garden interprets the life of the internationally acclaimed author. Eudora Welty was a writer of international acclaim whose novels and short stories earned numerous literary awards, including the 1973 Pulitzer Prize for her novel *The Optimist’s Daughter*. The Welty House welcomes thousands of visitors a year from all parts of Mississippi, every state in the nation, and from an average of 23 foreign countries. Visitors can tour Welty’s home, complete with her books, artwork and furnishings, and stroll through the surrounding garden rooms, planned and planted by Eudora and her mother, Chestina, and now restored to its 1925–1945 glory.

If you would like more information of the trip, please call Janie at 662-329-7150. You may register online at www.muw.edu/lep. The cost is \$40.

SPRING TERM 2 | MARCH 19 - APRIL 27

MONDAYS

The Revelation of the Old Testament (10 a.m.)

Instructor: Glenn Lautzenhiser, Biblical Teacher

The Book of Daniel holds a unique place in Biblical prophecy. New testament scholars agree that the entire eschatology of the New Testament is based on what is first set forth in the Book of Daniel. This Book also bridges the entire years of the Babylonian captivity.

Class Meets: March 19, 26 & April 2, 9, 16 & 23

Location: EDHS, Rm 224

Pineneedle Basket Making (1 p.m.)

Instructor: Bessie Johnson, Pineneedle Basket Weaver Master Teacher

This course is designed for the beginning basket maker with clear and complete instructions and exhibits on all phases of pine needle basket weaving techniques. Each participant will construct a basic round basket. **An additional fee of \$20 will be charged for this course.**

Class Meets: March 19, 26 & April 2, 9, 16 & 23

Location: EDHS, Rm 121

Personal Financial Management (6 p.m.)

Instructor: Ethen & Hilda Gillespie, Financial Literacy Coaches

Participants will receive step-by-step instruction on how to manage money, develop a financial plan and learn how to recognize scams and financial schemes.

Class Meets: March 19, 26 & April 2, 9, 16 & 23

Location: EDHS, Rm 121

TUESDAYS

Stretch, Breathe & Relax (9 a.m.)

Instructor: Patty Keffer, Senior Water Aerobics and Silver Sneakers Instructor, YMCA

Muscles tight and hurt all of the time? Come join us for an hour of gentle stretching and relaxing and see if you don't feel better. Participants will stand, sit, and lie on the floor to stretch, but are welcome to remain in the chair if preferred.

Class Meets: March 20, 27 & April 3, 10, 17 & 24

Location: MUW Stark Rec Center, Aerobic Studio



Smartphone Basics: iPhone (11 a.m.)

Instructors: Kelvin Young and Darick Jones, C Spire Columbus

Get the most out of your smart device with in-depth instruction on key aspects of the iPhone from the experts. Learn how to install any one of the thousands of apps from the Apple Store and extend the functionality of your device. **Please bring your iPhone to class.**

Class Meets: March 20, 27 & April 3, 10, 17 & 24

Location: Education & Human Sciences, Rm 121

Splash Time! (11 a.m.)

Instructor: Patty Keffer, Senior Water Aerobics and Silver Sneakers Instructor, YMCA

Come exercise and play like a child again while your body is being supported by the water which reduces the stress on joints. The pool water can be cool; please contact your doctor if you have issues of joint pain or discomfort and are not sure if this would be suitable for you. Swimming ability is not needed as we work in the shallow water.

Class Meets: March 20, 27 & April 3, 10, 17 & 24

Location: MUW Stark Rec Center, Pool

Microsoft Word (1 p.m.)

Instructor: Lou Boland, Retired Administrator and Computer Applications Instructor, The W and EMCC

Practice creating and formatting documents using Text, Graphics, Smart Art, Text Boxes, Tables, and Shapes. Learn how to create and merge databases. Participants must be able to type and use a mouse. **Bring a flash drive to class.**

Class Meets: March 20, 27 & April 3, 10, 17 & 24

Location: Fant Library, Technology Classroom

Tabletop Gaming for Beginners (3 p.m.)

Instructor: Ashley Gressett, Owner of Books & Boards

Have you ever wanted to play tabletop (board, dice, card, role-playing) games, but you weren't sure where to begin? Now is your chance to learn! Participants will learn a new type of game each week, including 2-player, cooperative, party, and filler games.

Class Meets: March 20, 27 & April 3, 10, 17 & 24

Location: Books & Boards, 422 Main St, Columbus, MS

Tap Your Way to a Healthy Self (6 p.m.)

Instructor: Kristi Carrico, Certified Holistic Health Coach

Tap your way to a Health Self. Come experience Emotional Freedom Technique (EFT-Tapping) sessions with Kristi Carrico. We will dive deep into emotions that may be holding you back from your greatest health and joy. We will transform emotional and often physical pain into peace, joy and physical well-being.

Class Meets: March 20, 27 & April 3, 10, 17 & 24

Location: Education & Human Sciences, Rm 121

WEDNESDAYS

Healthy Hair Care (9 a.m.)

Instructor: Courtney Harris, Cosmetology Instructor, IamCourtney

Participants will learn about the benefits of having healthy hair and scalp. The instructor will give presentations and demonstrations to help enhance the knowledge of over-the-counter products versus using natural essential oils.

Class Meets: March 21, 28 & April 4, 11, 18 & 25

Location: Education & Human Sciences, Rm 121

Lunch Bunch Thursdays (11 a.m.)

Do you enjoy eating, networking, and did we mention eating? Hear's your chance to explore restaurants around the Golden Triangle with your old or new friends. Please register to confirm your seat. Don't forget to invite someone.

Class Meets: March 21, 28 & April 4, 11, 18 & 25

Location: A schedule of restaurants will be sent to registered participants.

THURSDAY



Birding is Fun (8 a.m.)

Instructors: Margaret Copeland and Dianne Patterson, avid birders and Oktibbeha Audubon Society members for over 25 years

Participants will learn how to look for field marks, colors and learn some common bird calls. This will not be a classroom program but an outside adventure. Participants should download a Sibley's or National Geographic bird field guide book before coming to class. Also bring binoculars, pocket notebook and pen to class. **Participants must be able to walk up to one mile. Please wear comfortable shoes and clothing.**

Class Meets: March 22, 29 & April 5, 12, 19 & 26
Location: Schedule will be emailed by instructors

Your Great Transformation Follow-Up (11 a.m.)

Instructor: Diane Malone, Certified Nutritionist
Are you curious as to why your diet isn't working? Would you like to know more about the different plans that seem to be so popular these days? Let's talk more specifically about meal prepping, eating at restaurants, insulin resistants, cleansing, and several plans. This course is based on questions posed after participants have taken Your Great Transformation. Bring your questions!

Class Meets: March 22, 29 & April 5, 12, 19 & 26
Location: EDHS, Rm 121

Intro to Healing Touch (1 p.m.)

Instructor: Dottie Porter, RN, MS in Counseling Psychology

Discover several energetic ways to relieve stress, anxiety, and chronic pain. Participants will take part in demonstrations of the healing touch and learn how to access the human energy field.

Class Meets: March 22, 29 & April 5, 12, 19 & 26
Location: Education & Human Sciences, Rm 224

Aquatic Conditioning (2 p.m.)

Instructor: Mary Chism, Water Exercise Enthusiast

People with arthritis and other issues that affect their mobility can benefit from this class. The class will concentrate on very low impact exercises using water resistance dumbbells and various stretches to improve mobility, flexibility, endurance, and overall quality of life. Exercise done in water is a great choice for people with joint problems because the water supports your body while the water resistance provides a great workout.

Class Meets: March 22, 29 & April 5, 12, 19 & 26
Location: MUW Stark Rec Center, Pool

Let's Sew (3 p.m.)

Instructor: Vivian Cade, MSU Extension Agent III

Participants will learn the basics of sewing by starting with the different parts of the sewing machine as well as sewing several different crafts items. Examples of the items made will be table runner, pillow case and pot holders. Participants will be responsible for their own materials for some projects.

Class Meets: March 22, 29 & April 5, 12, 19 & 26
Location: Lowndes County Extension Office 485 Tom Rose Rd. Columbus, MS



Are you on Facebook? So is the LEP!

Like us to get updates on classes, view photos from events, post your ideas, opinions and more!
Search on Facebook for MUW Life Enrichment Program, or contact the LEP office for more information at 662-329-7150.

SPRING TERM 2 SCHEDULE

	Monday	Tuesday	Wednesday	Thursday
8:00				Birding is Fun
9:00		Stretch, Breathe & Relax	Healthy Haircare	
10:00	The Revelation of the Old Testament			
11:00		Smartphone Basics: iPhone Splash Time	Lunch Bunch	Your Great Transformation (follow-up)
1:00	Pineneedle Basket Making	Microsoft Word		Intro to Healing Touch
2:00				Aquatic Conditioning
3:00		Tabletop Gaming		Let's Sew
6:00	Personal Financial Management	Tap Your Way to Health		

LEP COURSE REGISTRATION

SPRING 2018 TERM 2

Participants Must Be Over 18 Years Old

NAME _____

ADDRESS _____

CITY, STATE, & ZIP CODE _____

TELEPHONE _____ E-MAIL _____

Optional Demographic Information:

GENDER _____ RACE/ETHNICITY _____ AGE RANGE 18-25 26-40 41-60 60+

Fees: The \$35 membership fee entitles a participant to take up to 3 courses per term. For every additional course there is a \$10 fee. I would like to enroll in the following courses:

March 19 - April 27

- | | |
|--|--|
| <input type="checkbox"/> Aquatic Conditioning | <input type="checkbox"/> Pineneedle Basket Making |
| <input type="checkbox"/> Birding is Fun | <input type="checkbox"/> The Revelation of the Old Testament |
| <input type="checkbox"/> Healthy Haircare | <input type="checkbox"/> Smartphone Basics: iPhone |
| <input type="checkbox"/> Intro to Healing Touch | <input type="checkbox"/> Splash Time |
| <input type="checkbox"/> Let's Sew | <input type="checkbox"/> Stretch, Breathe & Relax |
| <input type="checkbox"/> Lunch Bunch | <input type="checkbox"/> Tabletop Gaming |
| <input type="checkbox"/> Microsoft Word | <input type="checkbox"/> Tap Your Way to Health |
| <input type="checkbox"/> Personal Financial Management | <input type="checkbox"/> Your Great Transformation Follow-up |

REGISTER AND PAY ONLINE AT WWW.MUW.EDU/LEP

Make checks payable to MUW.
Mail to: Life Enrichment Program,
MS University for Women,
1100 College St., W-1638, Columbus, MS 39701.
All payment is nonrefundable.

Term Fee:	\$35
Additional Course Fee	_____ x \$10
Pineneedle Basket Making	\$20
Term Total:	\$_____

For more information contact Janie Shields at lifeenrichment@muw.edu, (662) 329-7150
or the Office of Outreach & Innovation (662) 241- 6101.

WE APPRECIATE THE 2017 - 2018 LEP ADVISORY BOARD!

Thank you for bringing your passion, intellect, insight, experience and resources to the table.

LEP ADVISORY BOARD MEMBERS

LeAnn Alexander

Ezra Baker

Barbara Bigelow

Danny Avery

Nadia Colom

Jackie DiCicco

Donna Grant

Nancy Guerri

Dave Haffly

Marleen Hansen

Kathy Howell

Lisa James

Glenn Lautzenhiser

Dr. Germain McConnell

Melissa Parsons

Sharon Patrick

Dr. Josie Shumake

Elizabeth Simpson

Claude Simpson

Barbara Yeates

IMPORTANT REMINDERS!

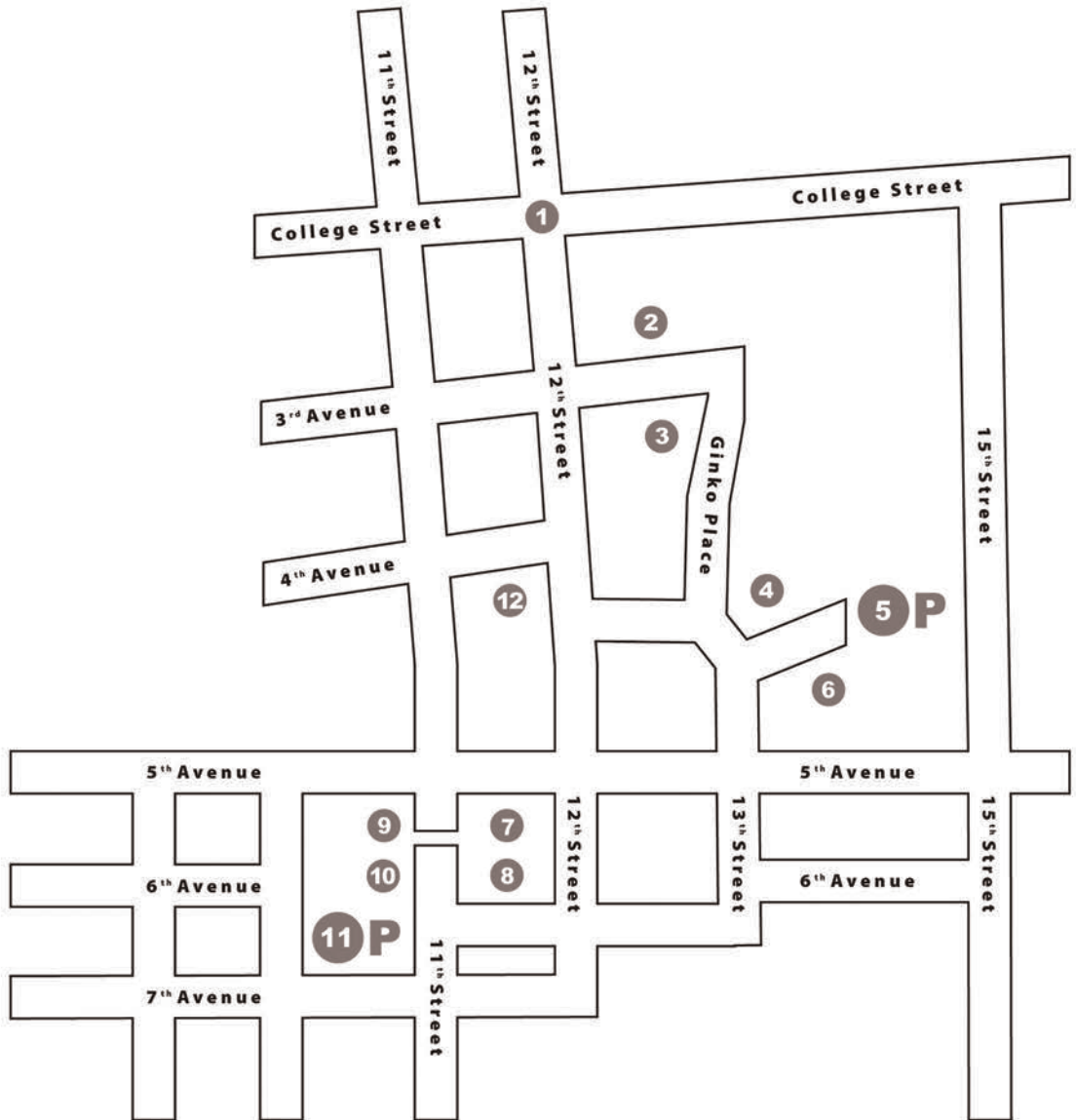
Registration Considerations: Your courtesy and assistance is appreciated in these matters:

- Only sign up for courses you plan to attend. If your plans change, promptly contact Janie Shields at 662-329-7150 to drop the course.
- Using a credit card is the preferred method of payment.

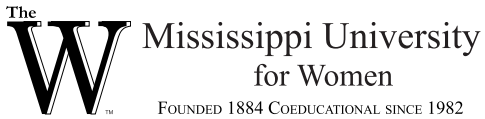
Class Cancellations: If classes are cancelled for any reason and you are enrolled in the class, you will be notified via email or phone prior to the start of the class.

Weather Incidents: The Life Enrichment Program adheres to The W's inclement weather policy. If The W is closed due to weather, the LEP will not hold classes at any location.

MUW CAMPUS MAP



- | | |
|-------------------------|---------------------------|
| 1 Front Gate | 7 Fine Arts Center |
| 2 Cochran Hall | 8 Stark Recreation Center |
| 3 Welty Hall | 9 Education Center |
| 4 McDevitt Hall | 10 Emma Ody Pohl Building |
| 5 PARKING | 11 PARKING |
| 6 Hogarth Dining Center | 12 Parkinson Hall |



Life Enrichment Program
1100 College Street W - 1638
Columbus, MS 39701

**If you wish to discontinue receiving LEP materials,
please contact Janie Shields at (662) 329-7150
or lifenrichment@muw.edu**

LIFE ENRICHMENT PROGRAM

SPRING 2018