

**DIVISION OF HEALTH AND KINESIOLOGY**

BS in Kinesiology  
Teacher Certification  
HK I

**Fall 2008**

First Semester Freshman			Second Semester Freshman		
Course	Grade	Hours	Course	Grade	Hours
EN 101 English Composition	_____	3	HIS 102 History of Civilization	_____	3
HIS 101 History of Civilization	_____	3	Natural Science with Lab (e)	_____	4
HK 149 Recreational Sports	_____	1	Com 101 Oral Communication	_____	3
HKC 147 Weight Training	_____	1	Aquatics	_____	1
HKH 101 Pers/Com Health	_____	3	GEO 101 (Social Inst)	_____	3
Natural Science with Lab (e)	_____	4	HK 115 Dance Survey	_____	1
UN 101 Freshman Seminar	_____	1			
		<u>16</u>			<u>15</u>
First Semester Sophomore			Second Semester Sophomore		
Course	Grade	Hours	Course	Grade	Hours
BSB 121 Human Anatomy	_____	4	BSB 120 Human Physiology	_____	4
ED 300 Education as a Profession	_____	3	Critical Thinking Skills (f)	_____	3
HK 133/134	_____	1	ED 302* Art & Science of Teaching	_____	3
Literature & Fine Arts (c)	_____	3	HK 285 Tech in Ex & Sport Sciences	_____	3
MA 113 College Algebra	_____	3	HK 260 Hist/Principles of P.E.	_____	1
PSY 206 Human Growth/Devel	_____	3			
HK 248, 250, 252 Officiating (d)	_____	1			
		<u>18</u>			<u>16</u>
First Semester Junior			Second Semester Junior		
Course	Grade	Hours	Course	Grade	Hours
EN 300 English Composition*	_____	3	HK 351* Mat/Methods of Teach P.E.	_____	3
(c) Literature & Fine Arts	_____	3	Literature and Fine Arts (c)	_____	3
HK 371 Motor Development	_____	3	HK 123/127/142/ 131/ 231	_____	3
HK 361* Physiology of Exercise	_____	1	HK 205 Mea & Evaluation	_____	1
HK 361* Lab	_____	3	ED 365 Reading	_____	3
HK 390 Ana Kinesiology	_____	3	HK 408 Biomechanics	_____	3
		<u>16</u>			<u>16</u>
First Semester Senior			First Semester Senior		
Course	Grade	Hours	Course	Grade	Hours
HK 308*wL Prev & Care of Athl. Injur or HK 307 Emer. Hlth. Care	_____	3	ED 401* Student Teaching Seminar	_____	3
HK 370 Adapted PE	_____	3	ED 407* Observation and Directed Teaching	_____	9
HK 451* Inst. Methods in P.E	_____	3			
PSY 360 Educational Psychology	_____	3			
Free Elective	_____	3			
		<u>15</u>			<u>12</u>

(a) Additional mathematics above MA 113, computer applications, or computer programming course; Computer Science must be HK 285 ED 397, or computer language course.

(b) Aquatics courses are HK 101, 201\*, 203\*, 204\*, 207\*, 209\*.

(c) Literature and Fine Arts (9) At least one course from Literature and one course from Fine Arts (EN 201, 202, 203, 204, 231, 232, FLF 311\*, 312\*, or FLS 311\*, 312\*; ART 102, 211\*, 212\*, DAN 110, MUS 101, 105, or TH 175)

(d) Choose 1 from HK 248, 250, 252.

(e) BSB 101, BSB 102, PSC 111\*, PSC 112\*, PSP 211\*, PSP 212\*, PSP 213\*, or PSP 214\*

(f) Choose from PHL 201, 202, 204, 205, 206(Sport Ethics), 306\*, or 307\*.

\* Check Catalogue for prerequisites.

\*\*Course used to fulfill this requirement can also be used to fulfill Intercultural Studies requirement (GEO 101).

Core Curriculum Requirements	Required Courses	Specialty Area Requirements
<p><b>World Heritage (15 hours)</b></p> <p>History of Civilization (6)  _____ HIS 101  _____ HIS 102</p> <p>Literature and Fine Arts (9)  At least one course from Literature and one course from Fine Arts (EN 201, 202, 203, 204, 231, 232, FLF 311, 312, or FLS 311, 312; ART 102, 211, 212, MUS 101, 105, or TH 175)</p> <p>_____</p> <p>_____</p>	<p><b>Professional Education Courses (24 hours)</b></p> <p>_____ ED 300 Education as a Profession (3)</p> <p>_____ ED 302 Art &amp; Science of Teaching (3)</p> <p>_____ ED 401 Student Teaching Seminar: Classroom Management (3)</p> <p>_____ ED 407 Observation and Directed Teaching: Grades K-12 (9)</p> <p>_____ PSY 360 Educational Psychology (3)</p> <p>_____ ED 365 Reading (3)</p> <p><i>Other Required (8 hours)</i></p> <p>_____ BSB 120 Human Physiology (4)</p> <p>_____ BSB 121 Human Anatomy (4)</p>	<p><b>Skill Sequence (4)</b></p> <p>_____ HK 101/201/207/209/213 Aquatics</p> <p>_____ HK 115 Dance Survey (dup in Pers well being)</p> <p>_____ HK 123/127/131/142/231 Individual Sport</p> <p>_____ HK 133/134 Team Sport</p> <p>_____ HKC 160 Aerobic &amp; Wt Train (dup in Pers well being)</p> <p>_____ HK 149 Recreational Sports</p> <p><b>Professional Courses (38 hours)</b></p> <p>_____ HKH 101 Personal and Community Health (3)</p> <p>_____ HK 205 Measurement and Evaluation in Health and PE (3)</p> <p>_____ HK 248/250/252 Officiating (1)</p> <p>_____ HK 260 History/Principles of PE (3)</p> <p>_____ HK 308 Prevention/Care of Athletic Injuries and Lab or HK 307 Emergency Health Care (3)</p> <p>_____ HK 351 Methods of Teaching PE in Elementary School (3)</p> <p>_____ HK 361 Physiology of Exercise and Lab (4)</p> <p>_____ HK 370 Adapted Physical Education (3)</p> <p>_____ HK 371 Motor Development/Learning (3)</p> <p>_____ HK 390 Anatomical Kinesiology (3)</p> <p>_____ HK 408 Biomechanics (3)</p> <p>_____ HK 451 Instructional Methods in Phy Ed (3)</p>
<p><u>Natural Sciences with Laboratory (8 hours)</u></p> <p>Choose from BSB 101, BSB 102, PSC 111, PSC 112, PSP 211, PSP 212, PSP 213, or PSP 214</p> <p>_____</p> <p>_____</p>		
<p><u>Critical Thinking Skills (3 hours)</u></p> <p>Choose from PHL 201, 202, 204, 205, 206 306, or 307. _____</p>		
<p><u>Written Communication (6 hours)</u></p> <p>_____ EN 101  _____ EN 300</p>		
<p><u>Oral Communication (3 hours)</u></p> <p>_____ COM 101</p>		
<p><u>Quantifying &amp; Technology Skills (6 hours)</u></p> <p>_____ MA 113 or higher  _____ HK 285, BU157, ED497</p>		
<p><u>Meeting Challenge of College (1 hours)</u></p> <p>_____ UN 101 Freshman (Not required of transfers with 12 earned hours coming to MUW)</p>	<p>Suggested Health Concentration (21 hrs)</p> <p>_____ HKH 101 Pers &amp; Community Health(3)</p> <p>_____ HKH 380 Mthds. Tch. Health(3)</p> <p>_____ HKH 330 Stress Management(3)</p> <p>_____ HKH 381 Health Problems(3)</p> <p>_____ SOC 305 Marriage &amp; the Family(3)</p> <p>_____ FS 470 Health, Drugs, &amp; Chemical Dependency</p>	
<p><u>Social Institutions (3 hours)</u></p> <p>_____ GEO 101</p>		
<p><u>Human Behavior (3 hours)</u></p> <p>_____ PSY 206</p>		
<p>Intercultural Studies (0-3)  _____ GEO 101</p> <p>_____</p> <p><u>Developing Personal Well-Being Through Physical Activity</u></p> <p>_____ HK 115 (Duplicated in  _____ HKC160 Specialty area  hours)</p>	<p><b>Suggested Elective</b></p> <p>_____ HK 470 Motor Control and Learning</p> <p>_____ HKH 380 Methods of Teaching Health</p>	
<p><b>Total = 50</b></p>	<p><b>Total = 35</b></p>	<p><b>Total = 42 Total Hours= 124</b></p>

**REQUIRED COURSES IN THE SPECIALITY AREA**

<b>Course Number</b>	<b>Course Title</b>	<b>Hours</b>
HK 101 or 201 or 203 or 204 or 207 or 209 or 317	Aquatics	1
HKH 101	Personal and Community Health	3
HK 115	Dance Survey	1
HK 123 or 127 or 131 or 142 or 231	Individual Sport	1
HK 133 or 134	Team Sport	1
HKC 144	Conditioning	1
HK 149	Recreational Sports	1
HK 151	Introduction to Teaching Physical Activity	1
BSB 120	Human Physiology and Lab	4
BSB 121	Human Anatomy and Lab	4
HK 248 or 250 or 252	Techniques of Officiating	2
HK 260	History and Principles of Physical Education	3
HK 308	Prevention and Care of Athletic Injuries and First Aid and Lab	4
HK 351	Methods of Teaching Physical Education in the Elementary School	3
HK 361	Physiology of Exercise and Lab	4
HK 370	Adapted Physical Education	3
HK 371	Motor Development	3
HK 390	Neuromuscular Analysis of Movement	3
HK 405	Measurement and Evaluation in Health and Physical Education	3
HK 408	Biomchanics	3
HK 451	Instructional Methods in Physical Education	3
HK 470	Motor Control and Learning	3
Electives		4
<b>Total Hours in program</b>		<b>131</b>