



# Mississippi University for Women

*A Tradition of Excellence for Women and Men*



Commit To Be Fit Elementary  
School Project



MUW Health Fair

For More Information, Contact:

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## Masters of Science in Health Education

The graduate program in Health Education provides students with instruction as well as research experiences and practical applications necessary to become an educator or practitioner in health education.

### About the Program

- + The M.S. Degree in Health Education is a 36-hour program of study that can be completed fully on-line in one year or through the traditional classroom setting in two years.
- + The Course Emphasis: community assessment, program planning, program evaluation, and theoretical constructs in the social/behavioral sciences.
- + The program seeks to enhance the health and well-being of MUW students, faculty, and staff as well as the citizens of the state of Mississippi.
- + Students who aspire to work in the school setting as an educator must hold or obtain a Mississippi "A" Teaching Certificate or the equivalent to be awarded the Mississippi "AA" Teaching Certificate upon completion of the program.

### Opportunities for Students

- + Students are introduced to the Healthy People 2010 document distributed by the U.S. Department of Health and Human Services as well as the Certified Health Education Specialist (CHES) standards.
- + Students may elect to sit for the CHES examination upon completion of the program.
- + Students are required to complete the core courses and are provided both instruction and opportunities for skill development that are applicable to either the clinical, community, or school setting.

## Career Opportunities

- + The challenge for health educators is to help people reduce their health risks and increase the probability of a healthy, successful, and productive life by implementing the objectives of Healthy People 2010 by the U.S. Department of Health and Human Services.
- + Professional preparation programs in health education typically prepare students for employment in one or more of four major settings: hospitals/clinics, community/public health agencies, educational institutions, and business/industry.
- + Health educators work with diverse groups of people encompassing a vast array of work settings.

## Certified Health Education Specialists (CHES) Seven Areas of Responsibility

The CHES exam implements a national standard for health education practice. CHES is based on the following core principles:

- + Assessing individual and community needs for health education
- + Planning effective health education programs
- + Implementing health education programs
- + Evaluating effectiveness of health education programs
- + Coordinating provision of health education services
- + Acting as a resource person in health education
- + Communicating health and health education needs, concerns, and resources

## Faculty

- + All classes are taught by doctoral-prepared faculty members representing diverse national institutions. The faculty serve as mentors and role models for students by holding major positions of leadership in key health education organizations such as the Mississippi and American Alliance for Health, Physical Education, Recreation and Dance; Mississippi Alliance for School Health; Mississippi Chronic Illness Coalition, and the Governor's Council on Physical Fitness. The faculty members present and participate in health conferences locally and nationally.

## Divisional Facilities

- + The Division of Health and Kinesiology is currently housed in Reneau Hall on the MUW campus. Construction begins in Spring 2007 for the relocation of the department to the new Pohl Gymnasium.