

Catalog Description: (Prerequisite HK 101) To study health concerns, epidemiological studies, contemporary health issues, personal and community health. Critical thinking, problem solving and values clarification will be utilized.

Text: McKenzie, J., Pinger, R., & Kotecki, J. (2002) An Introduction to Community Health (5th ed.). Boston, Ma: Jones and Bartlett

Nature of the Course Content: Health Problems is designed to introduce and develop to the student an understanding of the history of community and public health, the nation's health status, problems and future in the health field, organizations that promote health advocacy, and functions of the health care system. This course will assist the student in recognizing and developing health attitudes and ideas that promote the welfare of the community, school, and nation.

Goals/Outcomes:

At the end of the course, this student will be able to:

1. Explain the differences between personal and community health activities.
2. Relate the history of community and public health.
3. Describe the purposes of *Healthy People 2010*.
4. Describe the function and purpose of the of the U.S. Department of Health and Health Services.
5. List and discuss purposes of five major health organizations.
6. Discuss the practice of epidemiology.
7. Define standardized measurement of health status.
8. Explain disease prevention and examples of various types.
9. Identify personal/community/school health problems and proposed solutions.
10. Define stress and its relationship to physical and mental health.
11. Explain the importance of various health care agencies.
12. Describe health advocacy in the workplace, home and school.

Topics covered:

1. Community Health—Yesterday, Today and Tomorrow
2. Organizations That Help Shape Community Health
3. Epidemiology
4. Community Health Organization
5. The School Health Program
6. Maternal, Infant and Child Health
7. Adolescents, Young Adults and Adult Health
8. Elderly Health
9. Community Mental Health
10. Alcohol, Tobacco, Drugs
11. Environmental Health and Safety

Requirements of the Course

1. Students will take four written tests.
2. Students will be required to participate in at least one volunteer health organization activity.
3. Students will participate in class group activities and outside assignments.
4. Students are expected to attend all classes and actively participate.

Methods of Evaluation

Four Tests (4 X 100 points)	400 points
Group activities and assignments	100 points
Attendance and participation	120 points
TOTAL	620 points

GRADING SCALE:

- A = 620-558 points
- B = 557-501 points
- C = 500-450 points
- D = 449-404 points
- F = Below 360 points

Student Responsibilities

- 1. Students are expected to attend and actively participate in all classes. Depending upon your level of three points each time you attend class. If you are tardy, one point is the maximum that can earned.**
2. All assignments, reports, and other related coursework are to be turned in at the beginning of the class period on the date due. **NOTHING will be accepted beyond the due date** without prior approval of the instructor.
3. All article reviews and reports are to be computer generated, double-spaced, spell-checked, and proofread.
4. Students are responsible for acquisition of material covered on days when they are absent. Prior arrangements must be made with the instructor if absence from a test is unavoidable. Any missed tests must be made up within two days.
5. Read chapters ahead of time so you can ask and answer questions, complete quizzes successfully, and be involved in discussions/assignments.
6. **There will be no sharing of books or materials during class.**
7. *****PLEASE TURN OFF ALL CELL PHONES AND PAGERS PRIOR TO ENTERING THE CLASSROOM.**
8. At all times students are expected to show respect and courtesy for the instructor and classmates. Please keep in mind that excessive talking among students during class interferes with the learning experience of others as well as distracting the instructor.
9. Academic Dishonesty Policy: Students enrolled at MUW agree to abide by the University's Honor Code "to uphold the highest standards of honesty in all phases of University life" and therefore agree to refrain from any dishonest behavior in academics. See p. 51 of the MUW catalog for details. **Collaboration without instructor's permission on outside assignments is a form of cheating.**

Disabilities: It is the responsibility of the student to inform the instructor of any professionally diagnosed and MUW documented disabilities so that appropriate modifications can be made to meet any special learning needs.