

Transitions

You've been through quite a few life chapters with your son or daughter so far. From first steps to the college application process, no one knows those experiences quite like you.

Now it's time to flip the page and embark upon yet another first, a new chapter called "the college years."

Transitions...a Time for Trust

Transitions can be tough. Whether your child is leaving for school or living at home while attending classes, it's an adjustment for everyone involved

Emotions are bound to be mixed. For many parents, the "I want them to stay forever young" feelings often do battle with the "They need to grow up and go to school now" thoughts. That's completely natural. After all, this person is a big part of your life. And that doesn't have to change.

What will change is the frequency of your communication and the nature of that communication. You won't be able to see every part of your student's life. Instead, you'll need to trust his/her instincts and the positive values you instilled in him/her. This trust is critical in making the college transition work for both of you.

A student who feels trusted by his/her parents:

- > has more self-confidence
- > can stand up for what he/she believes
- > knows he/she has support back home
- > is better able to say 'no' when the situation warrants